



NOVEMBER | 2018

Muskegon Catholic MS/HS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Grilled Ham & Cheese Waffle Fries Fruit/Veggie Bar Milk	2 Choice of Meat Lovers, Chicken Bacon Ranch, Hot Wing Pizza Fruit/Veggie Bar Milk
5 Two -100% USDA Lean Beef Cheeseburgers Tater Tots Fruit/Veggie Bar Milk	6 Crusader Bowl Popcorn Chicken Mashed Potatoes & Gravy Sweet Corn Fruit/Veggie Bar Milk	7 Orange Chicken Rice Fruit/Veggie Bar Milk (sauce on the side)	8 4-Layer Beef & Cheese Lasagna Garlic Toast Fruit/Veggie Bar Milk	9 Choice of Meat Lovers, Chicken Bacon Ranch, Hot Wing Pizza Fruit/Veggie Bar Milk
12 Monterey Bacon Chicken (whole muscle) on a Bun Sweet Potato Fries Fruit/Veggie Bar Milk	13 French Toast Cheese Omelet Tater Tots Fruit/Veggie Bar Milk	14 Two Hotdogs Baked Beans Fruit/Veggie Bar Milk	15 Texas Toast Grilled Cheese Tomato Soup Side Salad Fruit/Veggie Bar Milk	16 Choice of Meat Lovers, Chicken Bacon Ranch, Hot Wing Pizza Fruit/Veggie Bar Milk
19 Seasoned Meatball Sub with Mozzarella Cheese Seasoned Potato Wedges Fruit/Veggie Bar Milk	20 Popcorn Chicken Sweet & Sour or Teriyaki Sauce Brown Rice Fruit/Veggie Bar Milk	21 Half Day	22 Happy Thanksgiving!!!	23
26 Rotini & Meat Sauce or Chicken Alfredo Garlic Toast Fruit/Veggie Bar Milk	27 Crispy Chicken Breast on a Bun Crinkle Fries Fruit/Veggie Bar Milk	28 Beef Nachos w/ Cheese Sauce Tortilla Chips & Salsa Fruit/Veggie Bar Milk	29 4-Layer Beef & Cheese Lasagna Garlic Toast Fruit/Veggie Bar Milk	30 Choice of Meat Lovers, Chicken Bacon Ranch, Hot Wing Pizza Fruit/Veggie Bar Milk

Available Daily:

Bosco's Breadsticks
Chicken Patty Sandwich
Spicy Chicken Patty Sandwich
Chicken Tenders
Spicy Chicken Tenders
Specialty Grill Items;
Deli Wraps or Subs

Salads: *Chef, Cobb Salad, Chicken Caesar, Strawberry Chicken Salad & Taco Salad (only on beef nacho days) to order. Contact kitchen by 9am.*

**Fresh Fruits & Veggies Daily
Fruit Slush**

Lunch Prices:

Full Price: \$2.90

Reduced: \$.40

Adult Meal: \$3.75

A la Carte meal - \$.55

A la Carte Slush - \$.75

MCC Nutrition Services

231-755-2201x3280

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& employer