



SEPTEMBER | 2018

Muskegon Catholic MS/HS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Labor Day No School	4 Fresh Grille "Chick-Fil-A" Style Chicken Breast on a Bun Pickles Crinkle Baked Fries Fruit/Veggie Bar Milk	5 Nacho Bar Beef Nacho Meat Cheese Sauce/Tortilla Chips & Salsa Fruit/Veggie Bar Milk	6 Fresh Grille Sloppy Joe Sandwich Baked Beans Fruit/Veggie Bar Milk	7 Pizza Bar Choice of Meat, Chicken Bacon Ranch, BBQ Chicken, Hot Wing Fruit/Veggie Bar Milk
10 Breakfast Bar Pancakes/French Toast Cheese Omelet Tater Tots Fruit/Veggie Bar Milk	11 Burger Bar Two-100% USDA Lean Beef Cheese Burgers on a Bun Tater Tots Fruit/Veggie Bar Milk	12 Pasta Bar Rotini Pasta w/ Meat sauce or Chicken Alfredo Garlic Toast Fruit/Veggie Bar Milk	13 Fresh Grille Grilled Cheese on Texas Toast Tomato Soup Fruit/Veggie Bar Milk	14 Pizza Bar Choice of Meat, Chicken Bacon Ranch, BBQ Chicken, Hot Wing Fruit/Veggie Bar Milk
17 Homemade Lasagna 4-Layer Beef & Cheese Lasagna Garlic Toast Fruit/Veggie Bar Milk	18 Hot Dog Bar Two Hotdogs On Buns Crinkle Baked Fries Fruit/Veggie Bar Milk	19 Crusader Bowl Popcorn Chicken Mashed Potatoes & Gravy Corn Fruit/Veggie Bar Milk	20 Fresh Grille Seasoned Meatball Sub With Mozzarella Cheese Seasoned Potato Wedges Fruit/Veggie Bar Milk	21 Pizza Bar Choice of Meat, Chicken Bacon Ranch, BBQ Chicken, Hot Wing Fruit/Veggie Bar Milk
24 Pasta Bar Rotini w Meat sauce Or Chicken Alfredo Garlic Toast Fruit/Veggie Bar Milk	25 Turkey & Gravy Mashed Potatoes Warm Dinner Roll Fruit/Veggie Bar Milk	26 Asian Bar Orange Chicken Rice Fruit/Veggie Bar Milk	27 Fresh Grille Pulled Chicken BBQ Sandwich Baked Beans Fruit/Veggie Bar Milk	28 Pizza Bar Choice of Meat, Chicken Bacon Ranch, BBQ Chicken, Hot Wing Fruit/Veggie Bar Milk

News

Available Daily:

Bosco's Breadsticks
 Chicken Patty Sandwich
 Spicy Chicken Patty Sandwich
 Chicken Tenders
 Spicy Chicken Tenders
 Specialty Grill Items;
Deli Wraps or Subs
 Salads: *Chef, Chicken Caesar or Romaine*
 Fresh Fruits & Veggies
 Fruit Slush

Lunch Prices:

Full Price - \$2.90
 Reduced - \$.40
 Adult Meal - \$3.75
 A la Carte Meal - \$.55
 A la Carte Slush - \$.75

USDA is an equal opportunity provider & employer.